

# Captain's Log

**Date:**  **Location**  **Lat**  **Lon**  **Vessel:**   
**Destination:**  **Lat**  **Lon**  **Underway**  **Arrive**   
**Eng Hrs:**  **Guests:**

## Comments

Motored over all the way from Pedro Gonzales, as the wind was too light to sail.

We anchored on the north side of Contadora among 5 other sailboats. The holding is sand over rock, so a little unsure of how well we'll do when the tide swings, but we put out a lot of chain so we'll probably stay hooked on something!

## Recap

**Max Wind Speed:**  **Max Wave Height:**   **Inland Day**  **Near Coastal Day** **Dist for Day (nm):**   
**# Times Anchored Today:**  **Anchored for Night?**  **Times Docked Today:**  **Docked for Night?**   
**# Times Moored Today:**  **Moored for Night?**   **Fuel Purch?** **# Gallons**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**

# Captain's Log

**Date:** 10/3/2008 **Location** Isla Contadora, Las Perlas, Panama **Lat** 08.38.014 N **Lon** 079.02.240 W **Vessel:** sans clés  
**Destination:** Isla Culebra (Flamenco Anchorage), Panama **Lat** 08.55.176 N **Lon** 079.31.771 W **Underway** 8:50 **Arrive** 14:35  
**Eng Hrs:** 2770.0 **Guests:**

## Comments

We started the day off slow with light winds and motor-sailing. But shortly after we got underway the wind came up and continued to build throughout the day. By the time we got to Flamenco we had winds consistently over 20 knots, and we were consistently sailing at 8 knots or better over ground. Quite different than the forecast of winds less than 5 knots! But, we had a great sail over to Flamenco.

We dropped anchor off the northeast corner of Isla Culebra, one of the islands that surrounds Flamenco Marina. There are about 35 other boats anchored here, most either waiting to go through the canal, or staging for the next leap after coming through the canal.

We'll be in the area for probably a couple of weeks getting repairs done and lining up our canal transit. We'll either be staying here at this anchorage, or around the corner at the Balboa Yacht Club.

## Recap

**Max Wind Speed:** 23 knots **Max Wave Height:** 7 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 33  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:** **Docked for Night?** No  
**# Times Moored Today:** **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 9:52 **Bar:** 29.90 **Trend:** Rising **Temp:** 86 °F **Wind** 10 SE **Waves** 3 ft **Lat** 08.40.982 N **Lon** 079.06.418 W

**Weather:** Mostly cloudy with sun breaks and light wind.

**Comments** Motor-sailing as the wind is light, and we need to charge batteries anyway.

**Time:** **Bar:** **Trend:** **Temp:** **Wind** **Waves** **Lat** **Lon**

**Weather:**

**Comments**



# Captain's Log

Date:  Location  Lat  Lon  Vessel:

Destination:  Lat  Lon  Underway  Arrive

Eng Hrs:  Guests:

## Comments

Entry for fuel purchase only.

Purchased 53.7 gallons of diesel for 3.68 per gallon. Fuel consumption since last fill-up: 83.3 hours = .64 gal/hr. Incredible!! Running the engine 500 RPM slower burns less than half the amount of fuel, and our speed is only about 1 knot less.

## Recap

Max Wind Speed: <input type="text"/>	Max Wave Height: <input type="text"/>	<input type="checkbox"/> Inland Day	<input type="checkbox"/> Near Coastal Day	Dist for Day (nm): <input type="text"/>
# Times Anchored Today: <input type="text"/>	Anchored for Night? <input type="text" value="No"/>	Times Docked Today: <input type="text"/>	Docked for Night? <input type="text" value="No"/>	
# Times Moored Today: <input type="text"/>	Moored for Night? <input type="text" value="No"/>	<input checked="" type="checkbox"/> Fuel Purch? # Gallons <input type="text" value="53.7"/>		

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

# Captain's Log

Date: 10/18/2008 Location Flamenco Marina, Panama City, Panama Lat 08.54.795 N Lon 079.31.262 W Vessel: sans clés

Destination: Through Panama Canal to Colon, Panama Lat 09.20.639 M Lon 079.54.541 W Underway 7:00 Arrive 20:05

Eng Hrs: Guests:

## Comments

Today's the day!! We're going through the Panama Canal. We were up at 5 am. The line handlers arrived at the boat at 6 am. We pulled out of the slip and 6:45, and were in position to receive our advisor (pilot) by 7:15. The pilot arrived at about 8 am, and we started moving toward the locks, some 10 miles away. We went under the Bridge of the Americas and arrived at the first of the Mira Flores locks on the Pacific side at about 9:15. We side-tied to our friends on "Triple Stars", who were in turn side-tied to a larger tour boat. We went through the first three locks with this configuration with no problems, exiting the last lock (Pedro Miguel) at 11:30. Then we pushed hard to reach the Gatun locks in time to lock down before dark. We arrived at the first Gatun lock at 3:20 pm, and entered the lock at 3:50. We were rafted to Triple Stars, and were in the lock chamber ahead of a 626-foot freighter that looked pretty intimidating behind us! We locked down through all three of the Gatun locks in this configuration with no problems, and exited the last of the locks, into the Caribbean, around 6 pm. We then motored to the anchorage area just outside of the Panama Canal Yacht Club in Colon, where our advisor left the boat, and then continued on to the yacht club to drop off our line handlers. We then headed back to the anchorage close to the yacht club know as "the flats", and dropped the hook shortly after 8 pm. We had a cocktail to celebrate the big milestone achieved today, and then retired to indulge in the sleep of the dead!

With us today as line handlers were our friends Robin and Michelle from the yacht "Warrior", and two hired line handlers, Roberto (Cholo) and Winston. All did a superb job, making the entire transit a very pleasant experience.

## Recap

Max Wind Speed: 15 knots Max Wave Height: 1 ft  Inland Day  Near Coastal Day Dist for Day (nm): 42  
# Times Anchored Today: 1 Anchored for Night? Yes Times Docked Today: 1 Docked for Night? No  
# Times Moored Today: Moored for Night? No  Fuel Purch? # Gallons

Time: Bar: Trend: Temp: Wind Waves Lat Lon

Weather:

Comments

Time: Bar: Trend: Temp: Wind Waves Lat Lon

Weather:

Comments



# Captain's Log

**Date:** 10/19/2008    **Location** "The Flats" anchorage, Colon, Panama    **Lat** 09.20.645 N    **Lon** 079.54.527 W    **Vessel:** sans clés  
**Destination:** Shelter Bay Marina, Colon, Panama    **Lat** 09.22.110 N    **Lon** 079.57.041 W    **Underway** 10:30    **Arrive** 11:15  
**Eng Hrs:** 2812.2    **Guests:**

## Comments

Moved over to Shelter Bay Marina where we'll spend some time getting the bottom paint done and some other last-minute repair things before we head off to the San Blas Islands.

## Recap

**Max Wind Speed:** 5 knots    **Max Wave Height:** 2 ft     Inland Day     Near Coastal Day    **Dist for Day (nm):** 3  
**# Times Anchored Today:**    **Anchored for Night?** No    **Times Docked Today:** 1    **Docked for Night?** Yes  
**# Times Moored Today:**    **Moored for Night?** No     Fuel Purch?    **# Gallons**

**Time:**    **Bar:**    **Trend:**    **Temp:**    **Wind**    **Waves**    **Lat**    **Lon**

**Weather:**

**Comments**

**Time:**    **Bar:**    **Trend:**    **Temp:**    **Wind**    **Waves**    **Lat**    **Lon**

**Weather:**

**Comments**

# Captain's Log

Date: 10/23/2008 Location Shelter Bay Marina, Colon, Panama Lat 09.22.110 N Lon 079.57.041 W Vessel: sans clés

Destination: On the "Hard", Shelter Bay Marina Lat 09.22.110 N Lon 079.57.041 W Underway Arrive

Eng Hrs: Guests:

## Comments

Entry to record that we had the boat pulled out of the water and put up "on the hard" for bottom paint and other miscellaneous maintenance.

We were hoping to be in and out in 4 days, but there were some issues with blisters and keel damage that took a few days to fix, as well as a broken through-hull fitting to replace, so spent about a week out of the water.

## Recap

Max Wind Speed:		Max Wave Height:		<input type="checkbox"/> Inland Day	<input checked="" type="checkbox"/> Near Coastal Day	Dist for Day (nm):	
# Times Anchored Today:		Anchored for Night?	No	Times Docked Today:		Docked for Night?	No
# Times Moored Today:		Moored for Night?	No	<input type="checkbox"/> Fuel Purch?	# Gallons		

Time: Bar: Trend: Temp: Wind Waves Lat Lon

Weather:

Comments

Time: Bar: Trend: Temp: Wind Waves Lat Lon

Weather:

Comments



# Captain's Log

Date:  Location  Lat  Lon  Vessel:

Destination:  Lat  Lon  Underway  Arrive

Eng Hrs:  Guests:

## Comments

Entry to record getting out of the repair yard and back into the water at the marina.

After several more days and a lot more expense than planned, we finally got the bottom of the boat painted and some other miscellaneous repairs done and got back in the water. We'll provision on Monday and hopefully leave on Tuesday, headed for the San Blas Islands, with a couple of stops along the way.

## Recap

Max Wind Speed:  Max Wave Height:   Inland Day  Near Coastal Day Dist for Day (nm):

# Times Anchored Today:  Anchored for Night?  Times Docked Today:  Docked for Night?

# Times Moored Today:  Moored for Night?   Fuel Purch? # Gallons

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

# Captain's Log

Date: 11/3/2008 Location Shelter Bay Marina, Colon, Panama Lat 09.22.110 N Lon 079.57.041 W Vessel: sans clés

Destination: Lat Lon Underway Arrive

Eng Hrs: 2813.9 Guests:

## Comments

Entry for fuel purchase only.

Purchased 26 gallons of diesel for US\$104.00 = \$4.00 per gallon.

Fuel consumption since last purchase = 1.35 gal per hour. Included time running the engine for battery charging only (low consumption) and time going through the canal at high speed (high consumption).

## Recap

Max Wind Speed:		Max Wave Height:		<input type="checkbox"/> Inland Day	<input type="checkbox"/> Near Coastal Day	Dist for Day (nm):	
# Times Anchored Today:		Anchored for Night?	No	Times Docked Today:	2	Docked for Night?	Yes
# Times Moored Today:		Moored for Night?	No	<input checked="" type="checkbox"/> Fuel Purch?	# Gallons	26	

Time: Bar: Trend: Temp: Wind Waves Lat Lon

Weather:

Comments

Time: Bar: Trend: Temp: Wind Waves Lat Lon

Weather:

Comments



# Captain's Log

**Date:** 11/4/2008 **Location** Shelter Bay Marina, Colon, Panama **Lat** 09.22.110 N **Lon** 079.57.041 W **Vessel:** sans clés  
**Destination:** Portabelo, Panama **Lat** 09.33.594 N **Lon** 079.39.924 W **Underway** 11:10 **Arrive** 15:00  
**Eng Hrs:** 2814.1 **Guests:**

## Comments

As soon as we cleared the breakwater we were hit with big swells from the north. The wind was out of the southwest, so we were able to sail, but the north swells rocked the boat back and forth very uncomfortably.

We sailed all the way with just the genoa (too lazy to raise the main!!). Dropped anchor next to Triple Stars in 28 feet of water near the old fort on the NE side of the bay.

## Recap

**Max Wind Speed:** 15 knots **Max Wave Height:** 8 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 20  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:** **Docked for Night?** No  
**# Times Moored Today:** **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 9:45 **Bar:** 29.90 **Trend:** Rising **Temp:** 80 ° F **Wind** 9 SW **Waves** 0 **Lat** 09.22.055 N **Lon** 079.57.054 W

**Weather:** Cloudy and rainy with SW winds.

**Comments** Unusual wind direction due to a low pressure system just north of here. Forecasters are watching the system, as it may possibly develop into a tropical depression and/or hurricane. If it does develop, however, it will move away from us to the northwest.

**Time:** **Bar:** **Trend:** **Temp:** **Wind** **Waves** **Lat** **Lon**

**Weather:**

**Comments**

# Captain's Log

**Date:** 11/6/2008 **Location** Portabelo, Panama **Lat** 09.33.594 N **Lon** 079.39.924 W **Vessel:** sans clés  
**Destination:** East side of Punta Macolla, Panama **Lat** 09.35.866 N **Lon** 079.26.083 W **Underway** 10:10 **Arrive** 14:50  
**Eng Hrs:** 2815.2 **Guests:**

## Comments

Raised the sails as soon as we cleared the bay. SW winds between 10 and 13 knots.

Sailed all the way to Green Turtle Bay. Due to the NW swell (unusual direction), the anchorage looked pretty rolly, so we went around to the other side of Punta Macala and anchored in calmer seas in 15 feet of water.

The water was clear, the sandy bottom easily visible. Terri was in the water within moments of "anchor down".

## Recap

**Max Wind Speed:** 13 **Max Wave Height:** 6 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 20  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:** **Docked for Night?** No  
**# Times Moored Today:** **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 12:20 **Bar:** 29.85 **Trend:** Falling **Temp:** 86 ° F **Wind** 5 SW **Waves** 3 ft **Lat** 09.41.468 N **Lon** 079.36.550 W

**Weather:** Partly cloudy with light SW wind

**Comments** Swells are coming out of the NNW as a result of the tropical depression about 180 miles NW of here. The wind is SW as a result of that depression as well. We're sailing slowly at about 4 knots over ground on a broad reach.

**Time:** **Bar:** **Trend:** **Temp:** **Wind** **Waves** **Lat** **Lon**

**Weather:**

**Comments**



# Captain's Log

**Date:** 11/7/2008 **Location** East side of Punta Macolla, Panama **Lat** 09.35.866 N **Lon** 079.26.083 W **Vessel:** sans clés  
**Destination:** Cayos Chichime, San Blas Islands, Panama **Lat** 09.35.217 N **Lon** 078.52.754 W **Underway** 8:20 **Arrive** 14:10  
**Eng Hrs:** 2818.3 **Guests:**

## Comments

Motored all the way, as the wind was very light from the SSW.

Anchored between two small islands, surrounded by reefs, in a perfectly calm, clear-water bay. Very small islands with palm trees and white sand beaches are all around. Terri is in Heaven.

We were immediately swarmed with dugout canoes carrying Kuna Indians displaying their Molasses and offering langosta (lobster) and crab. Terri managed to talk them into coming back later, after giving candy to the children.

Besides "Triple Stars", there are 4 other boats here today.

## Recap

**Max Wind Speed:** 9 knots **Max Wave Height:** 4 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 33  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 8:00 **Bar:** 29.85 **Trend:** Steady **Temp:** 81 °F **Wind** 3 S **Waves** 3 ft **Lat** 09.35.877 N **Lon** 079.26.093 W

**Weather:** Mostly clear with virtually no wind.

**Comments** Looks like a motor-boat ride to Chichime.

**Time:** 13:15 **Bar:** 29.80 **Trend:** Falling **Temp:** 90 °F **Wind** 6 SW **Waves** 3 ft **Lat** 09.35.278 N **Lon** 078.56.358 W

**Weather:** Mostly clear skies with some thunderheads east

**Comments** Just a few miles away from the first of the San Blas islands we'll come to - Chichime. Terri is so excited she can hardly stand it!

# Captain's Log

**Date:** 11/11/2008 **Location** Cayos Chichime, San Blas Islands, Panama **Lat** 09.35.217 N **Lon** 078.52.754 W **Vessel:** sans clés  
**Destination:** Cayo Banedup, San Blas Islands, Panama **Lat** 09.33.850 N **Lon** 078.51.639 W **Underway** 10:50 **Arrive** 11:30  
**Eng Hrs:** 2829.6 **Guests:**

## Comments

Mototed over the short distance to the East Lemon Cays. Beautiful tropical islands and reefs everywhere around us.

Dropped anchor in 25 feet over sand, behind a huge reef that offers great protection from the NNE swells.

## Recap

**Max Wind Speed:** 8 knots **Max Wave Height:** 3 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 3  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:** **Docked for Night?** No  
**# Times Moored Today:** **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 10:40 **Bar:** 29.85 **Trend:** Steady **Temp:** 90 ° F **Wind** 6 NE **Waves** 2 ft **Lat** 09.35.215 N **Lon** 078.52.780 W

**Weather:** Mostly clear with light NE wind

**Comments** Moving over to the East Lemon Cays for the next few days.

**Time:** **Bar:** **Trend:** **Temp:** **Wind** **Waves** **Lat** **Lon**

**Weather:**

**Comments**



# Captain's Log

**Date:** 11/17/2008 **Location** Cayo Banedup, San Blas Islands, Panama **Lat** 09.33.850 N **Lon** 078.51.639 W **Vessel:** sans clés  
**Destination:** The "Swimming Pool", San Blas, Panama **Lat** 09.35.369 N **Lon** 078.40.437 W **Underway** 10:20 **Arrive** 17:15  
**Eng Hrs:** 2849.2 **Guests:**

## Comments

Stopped by Isla Tiadup for snorkeling (heard it was great there) at about 11:30 (position 09.32.538N, 078.54.063W). Anchored in 10 feet of sand between Tiadup and another small island.

After snorkeling (pretty good coral) and lunch, we got underway again at about 14:30.

The wind was behind us when we left Tiadup, so we hoisted the spinnaker and had a great downwind run to the Holandes Cays.

Upon arriving at the anchorage, dubbed "The Swimming Pool", we found that our friends on Triple Stars that had been about 1/2 hour ahead of us had run aground on the south side of the anchorage. By the time we arrived, several dinghies from other boats were clustered around, trying to get Triple Stars off the rocks. We dropped anchor and took our dingy over to join in the fight. After about 30 minutes and trying a lot of different tactics, we finally got them off the rocks and they moved over to safely anchor by us. We won't know the extent of the damage until tomorrow, but it seemed like they got by with just a little bottom paint lost and no real damage. Always a great fear to cruisers, Terri and I were very thankful it wasn't us, but it served as a loud wake-up call that we need to be ever alert when moving about in shallow waters.

We anchored in about 14 feet of water over mostly sand (some rocks), between a couple of small islands and behind a huge reef to the east that protects the anchorage from the swells developed over the 1,000 miles or so of open water between the eastern Caribbean and here.

## Recap

**Max Wind Speed:** 15 knots **Max Wave Height:** 3 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 17  
**# Times Anchored Today:** 2 **Anchored for Night?** Yes **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 10:00 **Bar:** 29.85 **Trend:** Steady **Temp:** 85 °F **Wind** 7 SW **Waves** 2 ft **Lat** 09.33.850 N **Lon** 078.51.639 W

**Weather:** Mostly sunny with light wind.

**Comments** Headed over to Tiadup for some snorkeling, then on to Holandes Cays.

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**

# Captain's Log

**Date:** 11/25/2008    **Location:** The "Swimming Pool", San Blas, Panama    **Lat:** 09.35.369 N    **Lon:** 078.40.437 W    **Vessel:** sans clés  
**Destination:** Green Island, San Blas, Panama    **Lat:** 09.28.845 N    **Lon:** 078.38.021 W    **Underway:** 11:10    **Arrive:** 12:50  
**Eng Hrs:** 2879.0    **Guests:** \_\_\_\_\_

## Comments

Had a nice, easy sail under headsail alone for the short trip over to Green Island. We anchored just as the rain started, so took the opportunity to shower on deck.

There was one other boat in the anchorage when we arrived, but they left soon after we arrived, so it's just us and Triple Stars here.

Really nice spot. Completely shelter by islands and reefs.

## Recap

**Max Wind Speed:** 12 WNW    **Max Wave Height:** 5 ft     **Inland Day**     **Near Coastal Day**    **Dist for Day (nm):** 8  
**# Times Anchored Today:** 1    **Anchored for Night?** Yes    **Times Docked Today:** \_\_\_\_\_    **Docked for Night?** No  
**# Times Moored Today:** \_\_\_\_\_    **Moored for Night?** No     **Fuel Purch?**    **# Gallons** \_\_\_\_\_

**Time:** 10:25    **Bar:** 29.80    **Trend:** Steady    **Temp:** 82 ° F    **Wind:** 12 NW    **Waves:** 6 ft    **Lat:** 09.35.369 N    **Lon:** 078.40.437 W

**Weather:** Heavy overcast with NW winds. Forecast is for more of the same with squalls and thunderstorms.

**Comments:** The third grey day in a row here in the San Blas. The forecast is for several more days of this. Hoping for sun.

**Time:** \_\_\_\_\_    **Bar:** \_\_\_\_\_    **Trend:** \_\_\_\_\_    **Temp:** \_\_\_\_\_    **Wind:** \_\_\_\_\_    **Waves:** \_\_\_\_\_    **Lat:** \_\_\_\_\_    **Lon:** \_\_\_\_\_

**Weather:** \_\_\_\_\_

**Comments:** \_\_\_\_\_



# Captain's Log

**Date:** 11/26/2008    **Location** Green Island, San Blas, Panama    **Lat** 09.28.845 N    **Lon** 078.38.021 W    **Vessel:** sans clés  
**Destination:** Nargana, San Blas Islands, Panama    **Lat** 09.26.666 N    **Lon** 078.34.987 W    **Underway** 10:15    **Arrive** 16:55  
**Eng Hrs:** 2885.1    **Guests:** \_\_\_\_\_

## Comments

Pulled a real bone-head move this morning. I was siphoning diesel from the jerry can into the tank and spilled a little on the deck. So, I decided to wash it off with sea water. I filled a bucket from over the side and sloshed it down the deck. Only problem was, I had forgotten to put the plug back in the deck fill for the diesel, so of course, some of the salt water ran into the tank!! So, that changed our plans for the day. I put out a call for help on the morning net, and it turned out that a boat only a couple of miles from us had the pump I needed to get the fuel/water out of the tank. So, we took off for the anchorage in East Coco Bandero, met up with "Gigi", and filtered the water out of the fuel. About the time I was done, it started to rain hard, so we had to wait for a couple of hours for the storm to pass before we could move on to Nargana. Our friends on Triple Stars had gone on over there this morning. We still had a lot of rain and wind on the way over, but the passage was clear, so no problemos. Dropped the anchor in the rain, dried off, and went down for anchor watch drink and dinner.

Tomorrow morning we'll have to hurry up and do the things we wanted to in Nargana today (Internet, food shopping, etc.), and then get on to the anchorage where we're going to spend Thanksgiving in time for the girls to "whip up" dinner.

## Recap

**Max Wind Speed:** 16 knots    **Max Wave Height:** 5 ft     **Inland Day**     **Near Coastal Day**    **Dist for Day (nm):** 8  
**# Times Anchored Today:** 2    **Anchored for Night?** Yes    **Times Docked Today:** \_\_\_\_\_    **Docked for Night?** No  
**# Times Moored Today:** \_\_\_\_\_    **Moored for Night?** No     **Fuel Purch?**    **# Gallons** \_\_\_\_\_

**Time:** \_\_\_\_\_    **Bar:** \_\_\_\_\_    **Trend:** \_\_\_\_\_    **Temp:** \_\_\_\_\_    **Wind** \_\_\_\_\_    **Waves** \_\_\_\_\_    **Lat** \_\_\_\_\_    **Lon** \_\_\_\_\_

**Weather:** \_\_\_\_\_

**Comments** \_\_\_\_\_

**Time:** \_\_\_\_\_    **Bar:** \_\_\_\_\_    **Trend:** \_\_\_\_\_    **Temp:** \_\_\_\_\_    **Wind** \_\_\_\_\_    **Waves** \_\_\_\_\_    **Lat** \_\_\_\_\_    **Lon** \_\_\_\_\_

**Weather:** \_\_\_\_\_

**Comments** \_\_\_\_\_

# Captain's Log

**Date:** 11/27/2008 **Location** Nargana, San Blas Islands, Panama **Lat** 09.26.666 N **Lon** 078.34.987 W **Vessel:** sans clés

**Destination:** Green Island, San Blas Islands, Panama **Lat** 09.28.857 N **Lon** 078.38.108 W **Underway** 12:05 **Arrive** 13:35

**Eng Hrs:** 2889.0 **Guests:**

## Comments

After completing some business on the Internet on a VERY slow connection, we upped anchor and headed for Green Island, as that's the place we'd chosen to spend Thanksgiving with our friends Rob & Jan on Triple Stars.

It was a very grey day with almost no wind, so we motored all the way. Had a little mishap coming out of the Nargana harbor because the Captain was playing with his electronics instead of watching where he was going. We ran up on a mud bank, but were able to back off with no problem. Then we proceed on with the Captain's full attention on navigation!!

We anchored in the beautiful setting of Green Island with reefs all around in about 30 feet of water. Terri got busy on getting Thanksgiving dinner ready while I cleaned up the boat.

## Recap

**Max Wind Speed:** 7 knots **Max Wave Height:** 4 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 6  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**



# Captain's Log

**Date:** 11/30/2008    **Location:** Green Island, San Blas Islands, Panama    **Lat:** 09.28.857 N    **Lon:** 078.38.108 W    **Vessel:** sans clés  
**Destination:** Nargana, San Blas Islands, Panama    **Lat:** 09.26.716 N    **Lon:** 078.34.873 W    **Underway:** 14:55    **Arrive:** 16:05  
**Eng Hrs:** 2902.0    **Guests:** \_\_\_\_\_

## Comments

Moved over to Nargana again because Rob has to fly to Panama City to repair or replace his windlass. We'll escort Jan and their boat back to a nicer anchorage to wait out the few days it will take Rob to deal with the windlass, and then come back to Nargana to retrieve him.

Anchored in 30 feet of water about half-way between the town and the airport.

## Recap

**Max Wind Speed:** 10 knots    **Max Wave Height:** \_\_\_\_\_ s ft     Inland Day     Near Coastal Day    **Dist for Day (nm):** 5  
**# Times Anchored Today:** 1    **Anchored for Night?** Yes    **Times Docked Today:** \_\_\_\_\_    **Docked for Night?** No  
**# Times Moored Today:** \_\_\_\_\_    **Moored for Night?** No     Fuel Purch?    **# Gallons** \_\_\_\_\_

**Time:** \_\_\_\_\_    **Bar:** \_\_\_\_\_    **Trend:** \_\_\_\_\_    **Temp:** \_\_\_\_\_    **Wind:** \_\_\_\_\_    **Waves:** \_\_\_\_\_    **Lat:** \_\_\_\_\_    **Lon:** \_\_\_\_\_

**Weather:** \_\_\_\_\_

**Comments:** \_\_\_\_\_

**Time:** \_\_\_\_\_    **Bar:** \_\_\_\_\_    **Trend:** \_\_\_\_\_    **Temp:** \_\_\_\_\_    **Wind:** \_\_\_\_\_    **Waves:** \_\_\_\_\_    **Lat:** \_\_\_\_\_    **Lon:** \_\_\_\_\_

**Weather:** \_\_\_\_\_

**Comments:** \_\_\_\_\_

# Captain's Log

**Date:**  **Location**  **Lat**  **Lon**  **Vessel:**   
**Destination:**  **Lat**  **Lon**  **Underway**  **Arrive**   
**Eng Hrs:**  **Guests:**

## Comments

Moved from Nargana over to the Coco Banderо Cays. Had a hard time finding an anchorage that was less than 45 feet and had room enough for two boats. Jan was by herself on Triple Stars, as Rob is in Panama City trying to get their windlass fixed. We ended up anchoring Jan in between a couple of little islands, and us on the outside of those two islands, as there wasn't enough room for both of us there.

It's a very pretty setting here, well protected by reefs all around the north and east. There's a wreck of a medium-sized freighter out on the northern reef - probably about 180 feet in length. Looks like it's been there a while. Great snorkeling and swimming all around.

We'll spend 2-3 days here while we wait for Rob to get back from Panama City.

## Recap

**Max Wind Speed:**  **Max Wave Height:**   **Inland Day**  **Near Coastal Day** **Dist for Day (nm):**   
**# Times Anchored Today:**  **Anchored for Night?**  **Times Docked Today:**  **Docked for Night?**   
**# Times Moored Today:**  **Moored for Night?**   **Fuel Purch?** **# Gallons**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**



# Captain's Log

**Date:** 12/7/2008 **Location** Coco Bandero Cays, San Blas, Panama **Lat** 09.30.688 N **Lon** 078.37.067 W **Vessel:** sans clés  
**Destination:** Isla Banerdup, San Blas Islands, Panama **Lat** 09.28.922 N **Lon** 078.40.475 W **Underway** 10:40 **Arrive** 11:50  
**Eng Hrs:** 2924.8 **Guests:**

## Comments

Had a nice easy sail under headsail alone over to the island of Banerdup, making about 3.5 knots over ground on average. The anchorage is much deeper than the charts or cruising guides show, but we found a nice spot in about 35 feet of crystal-clear water over sand and the anchor dug in well.

There are numerous reefs and small islands around here, so we have lots to explore over the next couple of days.

Our friends on Triple Stars joined us here this afternoon, after successfully getting their repaired windlass back from Panama City and installed. However, much to their dismay, after a couple of times, it failed again. So, we commiserated with them this afternoon as they mulled over what to do about it next.

## Recap

**Max Wind Speed:** 10 knots **Max Wave Height:** 3 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 4  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:** **Docked for Night?** No  
**# Times Moored Today:** **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 9:55 **Bar:** 29.90 **Trend:** Steady **Temp:** 85 °F **Wind** 10 NE **Waves** 3 ft **Lat** 09.30.679 N **Lon** 078.37.113 W

**Weather:** Mostly cloudy with sun breaks. Moderate NE wind.

**Comments** Forecast is for little or no rain, so should be sunny later today.

**Time:** **Bar:** **Trend:** **Temp:** **Wind** **Waves** **Lat** **Lon**

**Weather:**

**Comments**

# Captain's Log

**Date:** 12/11/2008 **Location** Isla Banerdup, San Blas Islands, Panama **Lat** 09.28.922 N **Lon** 078.40.475 W **Vessel:** sans clés  
**Destination:** Nargana, San Blas Islands, Panama **Lat** 09.26.649 N **Lon** 078.34.910 W **Underway** 9:40 **Arrive** 10:45  
**Eng Hrs:** 2940.6 **Guests:**

## Comments

Moved over to Nargana to get fuel and supplies.

The water pump on the refrigeration has died, so I'm also working on that while we're here in Nargana.

Later: Got the water pump for the refrigeration working again. Just had mud in the impeller and the filter, so needed to be cleaned out. Cold beer again!!

Purchased 18 gallons of diesel and 5 gallons of gas from Frederico, who brought it out in his panga. Think I may have been shorted a couple of gallons on the diesel. Did not fill up the tank. Also, emptied about 10 gallons from my jerry can into the tank (for purposes of calculating gallons per hour).

## Recap

**Max Wind Speed:** 11 NNW **Max Wave Height:** 3 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 6  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:** **Docked for Night?** No  
**# Times Moored Today:** **Moored for Night?** No  **Fuel Purch?** **# Gallons** 18

**Time:** **Bar:** **Trend:** **Temp:** **Wind** **Waves** **Lat** **Lon**

**Weather:**

**Comments**

**Time:** **Bar:** **Trend:** **Temp:** **Wind** **Waves** **Lat** **Lon**

**Weather:**

**Comments**



# Captain's Log

**Date:** 12/12/2008 **Location** Nargana, San Blas Islands, Panama **Lat** 09.26.649 N **Lon** 078.34.910 W **Vessel:** sans clés  
**Destination:** East Holandes Islands, San Blas, Panama **Lat** 09.34.975 N **Lon** 078.41.038 W **Underway** 12:20 **Arrive** 15:30  
**Eng Hrs:** 2943.8 **Guests:**

## Comments

Sailed for a little while shortly out of Nargana, but the wind was coming from the NW (unusual here), and we had to turn up into it to make our destination, so down came the sails and on went the engine.,

We anchored next to Triple Stars on the outer edge of what's known as the "Swimming Pool" in East Holandes Islands.

## Recap

**Max Wind Speed:** 11 knots **Max Wave Height:** 7 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 12  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**

# Captain's Log

**Date:** 12/13/2008 **Location** East Holandes Islands, San Blas, Panama **Lat** 09.34.975 N **Lon** 078.41.038 W **Vessel:** sans clés  
**Destination:** Isla Chichime, San Blas, Panama **Lat** 09.35.235 N **Lon** 078.52.872 W **Underway** 11:45 **Arrive** 14:30  
**Eng Hrs:** 2946.9 **Guests:** \_\_\_\_\_

## Comments

Light wind today, so we motored over to Chichime to meet up with our friends on Hiatus (Kent & Heather) and Moody Blues (Gene & Suzie). Haven't seen Kent & Heather since July when we met them in Portland.

Had a nice evening with everyone. Even though it was just one day, it was good to get together with them again.

## Recap

**Max Wind Speed:** 10 knots **Max Wave Height:** 5 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 15  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:** \_\_\_\_\_ **Docked for Night?** No  
**# Times Moored Today:** \_\_\_\_\_ **Moored for Night?** No  **Fuel Purch?** **# Gallons** \_\_\_\_\_

**Time:** \_\_\_\_\_ **Bar:** \_\_\_\_\_ **Trend:** \_\_\_\_\_ **Temp:** \_\_\_\_\_ **Wind** \_\_\_\_\_ **Waves** \_\_\_\_\_ **Lat** \_\_\_\_\_ **Lon** \_\_\_\_\_

**Weather:** \_\_\_\_\_

**Comments** \_\_\_\_\_

**Time:** \_\_\_\_\_ **Bar:** \_\_\_\_\_ **Trend:** \_\_\_\_\_ **Temp:** \_\_\_\_\_ **Wind** \_\_\_\_\_ **Waves** \_\_\_\_\_ **Lat** \_\_\_\_\_ **Lon** \_\_\_\_\_

**Weather:** \_\_\_\_\_

**Comments** \_\_\_\_\_



# Captain's Log

**Date:** 12/14/2008 **Location** Isla Chichime, San Blas, Panama **Lat** 09.35.235 N **Lon** 078.52.872 W **Vessel:** sans clés  
**Destination:** Isla San Andres, Columbia **Lat**  **Lon**  **Underway** 10:10 **Arrive**   
**Eng Hrs:** 2951.1 **Guests:**

## Comments

We encountered pretty tough seas as soon as we cleared the anchorage. After not having done a passage in almost 2 months, it took both of us a bit of time to adjust to vigorous sailing conditions. But, we got the sails up, and were making 7 knots or so over ground toward our destination.

Sailed through the night with relatively constant conditions. The wind came up early in the evening to peak at about 28 knots. Then by morning the wind was down to about 15 knots.

Trip continued on next page.

## Recap

**Max Wind Speed:** 30 **Max Wave Height:** 10 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 90  
**# Times Anchored Today:**  **Anchored for Night?** No **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 11:35 **Bar:** 29.85 **Trend:** Steady **Temp:** 88 ° F **Wind** 21 NNE **Waves** 8 ft **Lat** 09.39.922 N **Lon** 078.58.239 W

**Weather:** Mostly clear with brisk NNE winds.

**Comments** Waves are between 7 and 10 feet, giving us quite a roller coaster ride!

**Time:** 15:00 **Bar:** 29.80 **Trend:** Falling **Temp:** 86 ° F **Wind** 18 ENE **Waves** 8 ft **Lat** 09.56.444 N **Lon** 079.13.064 W

**Weather:** Still the same - mostly clear with brisk NE wind.

**Comments** Same wave conditions as above. Terri is seasick. Hard to move about the cabin with all the bucking.

**Time Entries - Continued**

Date:

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments



# Captain's Log

**Date:** 12/15/2008 **Location** Continued from previous page **Lat**  **Lon**  **Vessel:** sans clés  
**Destination:** Isla San Andres, Columbia **Lat**  **Lon**  **Underway**  **Arrive**   
**Eng Hrs:**  **Guests:**

## Comments

The sun rose this morning behind a thin bank of clouds that cleared within an hour. While there are a few cloud formations around, the skies are mostly clear, sunny, and hot!

The wind continued to decline from the morning from 20+ knot to about 12 knots by 1 pm. Even so, with the speed we'd made so far, if we continued to sail we would arrive in San Andres in the dark (which we definitely do NOT want to do - too shallow and too many reefs!). So, just before noon we hove to (backwinded the headsail), which essentially stops the boat but still gives you control with the wind holding the two sails opposite each other. It made it more comfortable for serving lunch as well, while we wait out the time we need. About 3 pm we got back underway under 12-knot winds.

Terri is still seasick. She's not throwing up, but food does not appeal, and her stomach is all knotted up. I don't think this sailing life is for her. To be honest, the rough-sea passages don't turn me on much, either. Give me flat seas and fair winds and I'm a happy camper. But several days of being tossed around is a bit much. Imagine being on a roller coaster, and then having to ride it for 48-72 hours! Then try doing the things you need to do to live during that time, like fixing meals, going to the bathroom, trying to sleep, etc. It's a pretty hard way to live.

Got hit by a squall at about 10:30 pm that packed winds up to 37 knots. Made it pretty exciting for about 1/2 hour as it passed by. Fortunately it didn't carry much rain.

## Recap

**Max Wind Speed:** 37 knots **Max Wave Height:** 8 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 110  
**# Times Anchored Today:**  **Anchored for Night?** No **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 6:30 **Bar:** 29.85 **Trend:** Steady **Temp:** 79 ° F **Wind** 15 NE **Waves** 6 ft **Lat** 11.09.319 N **Lon** 080.21.603 W

**Weather:** Mostly clear with moderate NE wind.

**Comments** Sea state has calmed down a little. Still a lumpy ride, but not as wild.

**Time:** 13:08 **Bar:** 29.90 **Trend:** Steady **Temp:** 89 ° F **Wind** 12 ne **Waves** 6 FT **Lat** 11.34.177 n **Lon** 080.41.866 w

**Weather:** Mostly clear with light NE wind.

**Comments** We hove to about an hour ago to kill some time so we don't get to San Andres in the dark. Will probably get underway again in about an hour.

**Time Entries - Continued**

Date:

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments



# Captain's Log

Date: 12/16/2008 Location Continued from previous page Lat [ ] Lon [ ] Vessel: sans clés

Destination: Isla San Andres, Columbia Lat [ ] Lon [ ] Underway [ ] Arrive 9:30

Eng Hrs: [ ] Guests: [ ]

## Comments

With all the wind behind the squall we had last night, we arrived at the outside reef way too early. So we hove to for about 2 hours to wait for sunlight before passing around the reef and heading up the final 17 miles to the anchorage at San Andres.

Anchored across from Nene's Marina in 25 feet of water over sand.

Ready for some rest!!

## Recap

Max Wind Speed: 25 knots Max Wave Height: 9 ft  Inland Day  Near Coastal Day Dist for Day (nm): 42  
# Times Anchored Today: 1 Anchored for Night? Yes Times Docked Today: [ ] Docked for Night? No  
# Times Moored Today: [ ] Moored for Night? No  Fuel Purch? # Gallons [ ]

Time: 3:41 Bar: 29.85 Trend: Falling Temp: 80 °F Wind 23 NE Waves 7 ft Lat 12.14.580 N Lon 081.24.708 W

Weather: Mostly clear with brisk NE wind.

Comments We're hove-to waiting for sunlight to pass by the outside reef near San Andres.

Time: [ ] Bar: [ ] Trend: [ ] Temp: [ ] Wind [ ] Waves [ ] Lat [ ] Lon [ ]

Weather: [ ]

Comments [ ]

# Captain's Log

Date: 12/19/2008 Location Isla San Andres, Columbia Lat 12.34.652 N Lon 081.41.814 W Vessel: sans clés

Destination: Lat Underway Arrive

Eng Hrs: 2974.7 Guests:

## Comments

Entry for fuel purchase only.  
Purchased 44.2 gal of diesel for about \$3 per gallon U.S. Fuel consumption since last fill-up is approximately .5 gal/hr. Most of the engine hours were used for charging batteries, rather than being underway.

## Recap

Max Wind Speed:		Max Wave Height:		<input type="checkbox"/> Inland Day	<input type="checkbox"/> Near Coastal Day	Dist for Day (nm):	
# Times Anchored Today:		Anchored for Night?	No	Times Docked Today:		Docked for Night?	No
# Times Moored Today:		Moored for Night?	No	<input checked="" type="checkbox"/> Fuel Purch?	# Gallons	44.2	

Time: Bar: Trend: Temp: Wind Waves Lat Lon

Weather:

Comments

Time: Bar: Trend: Temp: Wind Waves Lat Lon

Weather:

Comments



# Captain's Log

**Date:** 1/1/2009 **Location** Isla San Andres, Columbia **Lat** 12.34.652 N **Lon** 081.41.814 W **Vessel:** sans clés  
**Destination:** Cayos Vivorillos, Honduras Bay **Lat**  **Lon**  **Underway** 12:10 **Arrive**   
**Eng Hrs:** 2996.7 **Guests:**

## Comments

Motored out of San Andres harbor and headed north with lumpy seas and wind too much on the nose for sailing. Motored on through the night until 3 am the next morning.

About 8 pm I was reading in the cockpit when a flying fish hit the side of the dodger right next to me. Scared me to death. He flopped around on the side deck for a few seconds, and then flopped himself back into the water before I could help.

Continued on next page.

## Recap

**Max Wind Speed:** 25 knots **Max Wave Height:** 9 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 55  
**# Times Anchored Today:**  **Anchored for Night?** No **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 17:00 **Bar:** 29.80 **Trend:** Steady **Temp:** 83 ° F **Wind** 16 NNE **Waves** 8 ft **Lat** 12.49.414 N **Lon** 081.41.227 W

**Weather:** Mostly clear with moderate NNE winds

**Comments** Wind angle is about 30 degrees apparent, so we are motoring with the main up, as we're not able to keep the headsail full.

**Time:** 21:45 **Bar:** 29.90 **Trend:** Rising **Temp:** 80 ° F **Wind** 20 NNE **Waves** 8 ft **Lat** 13.11.672 N **Lon** 081.44.446 W

**Weather:** Mostly clear with some clouds on the northern horizon.

**Comments** Still motor-sailing with wind at about 35 degrees apparent.

# Captain's Log

**Date:** 1/2/2009    **Location** Continued from previous page    **Lat**    **Lon**    **Vessel:** sans clés  
**Destination:** Cayos Vivorillos, Honduras Bay    **Lat**    **Lon**    **Underway**    **Arrive**  
**Eng Hrs:**    **Guests:**

## Comments

The wind shifted slightly to the east, so we turned off the engine and started sailing on a close haul at about 3 am. Making 5 to 5.5 knots most of the time.

Sailing down the rhumbline all day. Seas and winds have subsided. No sightings of sea life other than flying fish.

Continued on next page

## Recap

**Max Wind Speed:** 23 knots    **Max Wave Height:** 9 ft     **Inland Day**     **Near Coastal Day**    **Dist for Day (nm):** 130  
**# Times Anchored Today:**    **Anchored for Night?** No    **Times Docked Today:**    **Docked for Night?** No  
**# Times Moored Today:**    **Moored for Night?** No     **Fuel Purch?**    **# Gallons**

**Time:** 2:05    **Bar:** 29.85    **Trend:** Steady    **Temp:** 80 ° F    **Wind** 17 NNE    **Waves** 8 ft    **Lat** 13.33.988 N    **Lon** 081.47.690 W

**Weather:** Mostly clear with moderate NNE wind.

**Comments** Still motor-sailing with the same wind angle and sea state. BORING!!

**Time:** 7:15    **Bar:** 29.85    **Trend:** Steady    **Temp:** 79 ° F    **Wind** 15 NNE    **Waves** 6 ft    **Lat** 14.01.733 N    **Lon** 081.51.656 W

**Weather:** Mostly clear with some clouds to the east and south

**Comments** Sailing under reefed sails at about 5.5 knots. Seas still lumpy, but calmer than yesterday.



**Time Entries - Continued**

Date:

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

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Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

# Captain's Log

**Date:** 1/3/2009 **Location** Continued from previous page **Lat** 15.50.622 N **Lon** 083.18.176 W **Vessel:** sans clés

**Destination:** Cayos Vivorillos, Honduras **Lat** 15.50.622 N **Lon** 083.18.176 W **Underway**  **Arrive** 8:55

**Eng Hrs:**  **Guests:**

## Comments

Turned the engine on at about 4 am. The winds were directly behind us, so we either had to jibe back and forth through the channel, or motor.

Had several squalls pass through during the night and early morning. Most of them passed over with no rain, but one caught us at about 4 am and gave us a good drenching. Oh well, the boat needed to be washed anyway!

Dropped anchor next to 3 other boats in Vivorillos. Nice, calm anchorage with a big reef out to the east and a couple of small islands along the reef.

## Recap

**Max Wind Speed:** 22 knots **Max Wave Height:** 5 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 46  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 6:10 **Bar:** 29.90 **Trend:** Steady **Temp:** 78 °F **Wind** 10 SE **Waves** 3 ft **Lat** 15.42.201 N **Lon** 083.08.672 W

**Weather:** Cloudy with rain squalls to the west

**Comments** A rain squall hit us at about 4 am and lasted until about 5:30. Winds were up to 20 knots. Got the boat washed, at least!

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**



# Captain's Log

**Date:** 1/5/2009 **Location** Cayos Vivorillos, Honduras **Lat** 15.50.622 N **Lon** 083.18.176 W **Vessel:** sans clés  
**Destination:** Isla Guanaja, Honduras Bay Islands **Lat**  **Lon**  **Underway** 9:40 **Arrive**   
**Eng Hrs:** 3018.6 **Guests:**

## Comments

Put up the sails as soon as we cleared the anchorage. Had a wonderful sail all day long with wind between 15 and 18 knots most of the day. Just hanging out listening to music and enjoying the sunshine all day. Around 4 pm the wind fell to between 8 and 10 knots, but we continued to sail.

By 9:30 pm the wind had died to the point where we had to turn on the motor. Oh well, it was a wonderful day of sailing.

Trip continued on next page.

## Recap

**Max Wind Speed:** 18 knots **Max Wave Height:** 5 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 84  
**# Times Anchored Today:**  **Anchored for Night?** No **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 12:00 **Bar:** 29.90 **Trend:** Falling **Temp:** 86 ° F **Wind** 16 NE **Waves** 4 ft **Lat** 15.54.794 N **Lon** 083.33.163 W

**Weather:** Mostly clear with moderate NE wind.

**Comments** Great sailing!! Making between 7.2 and 7.6 knots over ground on a close reach. Beautiful day!

**Time:** 17:50 **Bar:** 29.90 **Trend:** Steady **Temp:** 83 ° F **Wind** 11 NE **Waves** 4 ft **Lat** 16.06.001 N **Lon** 084.07.703 W

**Weather:** Mostly clear with light NE wind.

**Comments** Still sailing, making about 5 knots. It's been a great sailing day!

# Captain's Log

**Date:** 1/6/2009 **Location** Continued from previous page **Lat**  **Lon**  **Vessel:** sans clés  
**Destination:** Isla Guanaja, Honduras Bay Islands **Lat** 16.27.579 N **Lon** 085.50.096 W **Underway**  **Arrive** 16:15  
**Eng Hrs:**  **Guests:**

## Comments

Motored on through the night and arrived at the check-in anchorage off the west side of Bonacca at about 11 am. Had trouble setting the anchor, so by the time we got set and got the dinghy in the water, it was lunch time. Don't want to try to check in during lunch, as you'll get assessed an "overtime" fee. So, we had lunch and waited until after 1:30 to head in.

Check-in was easy with the Port Captain. He also took care of Immigration, since that officer was on vacation. The island is very crowded, but clean and civilized. Many small tiendas and restaurants along the waterfront.

Pulled up the anchor at Bonacca at about 3 pm and moved up to Josh's (Graham's) Cay. Anchored in about 25 feet of water next to several other boats.

As soon as we were anchored a dolphin came to visit. Terri was a little worried about getting in the water with him, but after a few minutes, she threw caution to the wind and jumped in. She spent about an hour watching him, as he would dive down and come back up to check her out. When she finally got out of the water, the dolphin (by now named "Flipper" by Terri) hung around our boat for another hour or so, waiting, I'm sure, for his playmate Terri to get back in the water. But, the sun was setting and it was getting cooler, so Terri bid him goodbye as he finally swam away.

## Recap

**Max Wind Speed:** 13 knots **Max Wave Height:** 5 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 40  
**# Times Anchored Today:** 2 **Anchored for Night?** Yes **Times Docked Today:**  **Docked for Night?** No  
**# Times Moored Today:**  **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 3:15 **Bar:** 29.85 **Trend:** Steady **Temp:** 81 ° F **Wind** 8 NE **Waves** 3 ft **Lat** 16.17.799 N **Lon** 085.04.799 W

**Weather:** Mostly clear. One small patch of rain showing on radar to the west.

**Comments** Motoring along at about 6 knots over ground. Not enough wind to keep the sails full. About 45 miles out from our destination.

**Time:** 8:35 **Bar:** 29.90 **Trend:** Rising **Temp:** 82 ° F **Wind** 6 NE **Waves** 3 ft **Lat** 16.24.085 N **Lon** 085.37.470 W

**Weather:** Cloudy skies with rain squalls

**Comments** What's with this weather??!! This is the tropical Caribbean! Where's the sunshine?  
Still motoring with very light wind right on the stern.



# Captain's Log

**Date:** 1/9/2009 **Location** Isla Guanaja, Honduras Bay Islands **Lat** 16.27.579 N **Lon** 085.50.096 W **Vessel:** sans clés  
**Destination:** Port Royal, Roatan, Honduras **Lat** 16.24.194 N **Lon** 086.18.883 W **Underway** 9:25 **Arrive** 15:00  
**Eng Hrs:** 2034.8 **Guests:**

## Comments

Put up the main and the spinnaker as soon as we had the anchor up. Sailed out of the harbor at about 6 knots on flat seas with sunny skies. Cool!!

The sailing lasted about 2 1/2 hours. Around noon the wind had died down to about 5 knots, and although we were still making way, we were going too slow to get to our destination before dark. So, down came the sails and on came the "Iron Genny".

Dropped anchor in Lime Cay Bight with four other boats. Looks like a nice spot!

## Recap

**Max Wind Speed:** 11 knots **Max Wave Height:** 3 ft  **Inland Day**  **Near Coastal Day** **Dist for Day (nm):** 28  
**# Times Anchored Today:** 1 **Anchored for Night?** Yes **Times Docked Today:** **Docked for Night?** No  
**# Times Moored Today:** **Moored for Night?** No  **Fuel Purch?** **# Gallons**

**Time:** 10:45 **Bar:** 29.95 **Trend:** Steady **Temp:** 89 ° F **Wind** 7 SE **Waves** 2 ft **Lat** 16.24.162 N **Lon** 085.55.036 W

**Weather:** Clear skies with light wind.

**Comments** Sailing under main and spinnaker, making about 5 knots over ground. Very nice!

**Time:** 13:20 **Bar:** 29.90 **Trend:** Falling **Temp:** 93 ° F **Wind** 8 ESE **Waves** 3 ft **Lat** 16.23.518 N **Lon** 086.09.228 W

**Weather:** Clear skies with very light ESE wind.

**Comments** Motoring along toward our destination. About 1 1/2 hours out.

# Captain's Log

**Date:**  **Location**  **Lat**  **Lon**  **Vessel:**   
**Destination:**  **Lat**  **Lon**  **Underway**  **Arrive**   
**Eng Hrs:**  **Guests:**

## Comments

Made the short hop from Port Royal to French Harbour. Had squally weather, so we motored all the way. We got hit by one squall packing 24 knot winds and lots of rain. But, it only lasted about 2 minutes!!

Anchored behind the reef between Fantasy Island and French Harbour in about 15 feet of water with 5 other boats.

## Recap

**Max Wind Speed:**  **Max Wave Height:**   **Inland Day**  **Near Coastal Day** **Dist for Day (nm):**   
**# Times Anchored Today:**  **Anchored for Night?**  **Times Docked Today:**  **Docked for Night?**   
**# Times Moored Today:**  **Moored for Night?**   **Fuel Purch?** **# Gallons**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**

**Time:**  **Bar:**  **Trend:**  **Temp:**  **Wind**  **Waves**  **Lat**  **Lon**

**Weather:**

**Comments**



# Captain's Log

Date:  Location  Lat  Lon  Vessel:

Destination:  Lat  Lon  Underway  Arrive

Eng Hrs:  Guests:

## Comments

Entry for fuel purchase only. Purchased 54.8 gallons of diesel from Hybur's Marine and Boat Yard for \$2.05 per gallon. Great price! Had to do a tricky docking and undocking to get to the fuel line - they had to move a couple of floating platforms for us, and then had us wedge between two big ships. Came really close to one on the way out - like about a foot. Pretty exciting! But, we made it in and out with no incidents.

Fuel consumption since last fill-up = 0.70 gal/hr.

## Recap

Max Wind Speed:  Max Wave Height:   Inland Day  Near Coastal Day Dist for Day (nm):   
# Times Anchored Today:  Anchored for Night?  Times Docked Today:  Docked for Night?   
# Times Moored Today:  Moored for Night?   Fuel Purch? # Gallons

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments

Time:  Bar:  Trend:  Temp:  Wind  Waves  Lat  Lon

Weather:

Comments